

## FIELD TRIP EXPERIENCE – ONGOING ACTIVITIES

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The Health Museum offers immersive experiences with fun interactive activities that will make your field trip memorable and unique.

No one is left behind; we have activities that fit all ages. The icon below identifies the target age group of the activity.



- Activities are on-going, with flexible time schedules. **A variety of activities will be offered every day to ensure every visit is unique.**
- All Field Trips include open access to **our ongoing exhibits** and optional guided tours on request. Guided tours must be scheduled at least 20 business days in advance.

### *Food Origins*



Food can come from the ground beneath our feet, or from animals that fly, walk, crawl, or swim. Students will take part in a culinary exploration of the origins of some familiar and not-so-familiar foods from around the world.

#### **Concepts:**

Scientific Investigation and Reasoning, Organisms and Environment.

## Harvest Time Bingo



Did you know that the United States Supreme Court officially classified a tomato as a vegetable rather than a fruit in 1893? Students will discover more fun facts about fruits and vegetables and have a chance to win a prize in this fun-filled game of Bingo with a twist.

### **Concepts:**

Scientific Investigation and Reasoning, Growth and Development of Organisms.

## DIY Produce Cleaner



The USDA recommends that Americans eat at least 2 servings of fruits and 3 servings of vegetables per day. But how do we make sure that these foods are free of germs and pesticides? Students will learn about the antimicrobial benefits of common kitchen ingredients such as vinegar as we create a DIY produce cleaner to destroy bacteria and make our food taste better!

### **Concepts:**

Scientific Investigation and Reasoning, Scientific Concepts, Environmental Awareness

## Super Seeds



What do K cups, coffee grounds and eggshells have in common? They can all be reused to grow healthy edible plants. Students will learn about the parts of plant, and recycling as they sow their own seeds and discover the culinary and health benefits associated with the consumption of fresh herbs.

### **Concepts:**

Scientific Investigation and Reasoning, Growth and Development of Organisms.

## Mystery Microbes



Bacteria are tiny organisms, so small that you need a microscope to see them. Bacteria live inside of our body, too! **What do you think bacteria look like?** Students will learn that **bacteria** come in many different ranges of shapes and bacterial cells multiply.

### **Concepts:**

Scientific Investigation and Reasoning, Growth and Development of Organisms.

## You've Got Guts



Our intestines use tiny organisms called microbes to absorb nutrients. There are microbes all over our bodies, but most of them live in our intestines! Over 100 trillion of them, in fact! They're tiny, and you'd need a microscope to see them. Students will investigate their intestines are.

### **Concepts:**

Scientific Investigation and Reasoning, Growth and Development of Organisms.